

Date

Your Name

Your Address

Your City, Your State Your Zip Code

To Whom it May Concern:

I am writing regarding a lack of coverage for evidence based childbirth choices. As a mother and patient I was hoping to be regarded with respect as I approached another childbearing year. However, as of last week it has come to my attention that I am carrying my baby breech. As I am planning a natural childbirth with a large volume, contracted hospital, I have found that they are unable to provide me with a skilled provider for a planned vaginal breech delivery. From a hospital that does thousands of deliveries a year, this is quite surprising and disappointing, to say the least.

I am writing for a referral (out of network or in network) of a provider who is skilled in breech birth that is covered by you. I realize that many birth providers are no longer skilled in breech since the release of the Term Breech Trial (TBT), but as that study has been shown to be flawed and later data revealed that vaginal breech birth with a skilled provider was just as safe as a cesarean section. I have noticed that trainings in Europe and Canada have increased with the decision to train a new workforce. However, I also know that many older providers did lots of vaginal breech deliveries before the year 2000.

I should not have to be forced into having a cesarean section for a breech birth. I should also not be forced to deliver a vaginal breech baby into the hands of a non-skilled provider. Not only this, but as an insurance company, I am asking that you contract with providers who are able to provide me with this service and coverage. Around 4% of women are confronted with a potential breech delivery, and many of us have educated ourselves and have decided what is best for our bodies and our families.

As a woman it is my right to make such informed decisions. Please let me know who you have contracted as a skilled vaginal breech provider in my area.

Thank you.

Sincerely,

Your Name

cc: Coalition for Breech Birth (info@breechbirth.ca)

[ImprovingBirth.org](http://www.improvingbirth.org/contact-us/) (<http://www.improvingbirth.org/contact-us/>)

Breech Birth SD (info@breechbirthsd.com)